

# Valdosta High School Student Council

## In Support of Mental Health Awareness Month

### 5K Run/Walk

Saturday, May 21, 2022

Registration: 8:00 AM

Race Begins: 9:00 AM

Please print legibly and complete the entire entry form. More than one entry may be mailed together with the appropriate fees. Please make checks payable to Valdosta High School. Only pre-registered participants are guaranteed a t-shirt.

**5K Run/Walk Public: \$15 (Includes T-Shirt)**

**5K Run/Walk VHS Faculty, Staff, and Students: Free Entry (\$10 for t-shirt)**

First and Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

T-Shirt Size:

- Adult S  Adult M  Adult L  Adult XL  Adult 2XL  Adult 3XL  Adult 4XL  
 Youth XS  Youth S  Youth M  Youth L

**Race Waiver:** I, individually, (and/or as a parent, and/or guardian of the name minor) for and in consideration of the entry in the aforementioned event, do hereby, remise, waive, and forever discharge Valdosta High School and Valdosta City Schools together with all their officers, agents, officials, and employees from any liability, claims, demands, actions, or causes whatsoever arising out of, or relating to any injury, illness, loss, or damage relating to participation in the aforesaid event. I further state that I am in proper physical condition to participate in this event. I grant permission to this race and the organization conducting this race and/or agents authorized by them to use any photographs, videotapes, recordings, and any other record of this event for any purpose. I also understand that entry fees are non-refundable and that this entry is non-transferable. Thank you for participating.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_